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December 21, 2021

Dear Post-Secondary Institution Presidents:

I am grateful for the close cooperation and communication between Public Health and post-secondary institutions, which has effectively limited the risk of COVID-19 to students, faculty and staff on campus and supported ongoing post-secondary operations during the fall academic term.

With the recent emergence of a new, more transmissible variant, we are concerned that it may adversely affect health and wellbeing.

At this time, public health experts in B.C. strongly recommend continuation of campus instruction for post-secondary institutions in January 2022. Public health continues to monitor Covid-19 to ensure that safety measures are informed by evolving evidence.

- high level of responsible behaviour in postsecondary communities (almost all are vaccinated and mask wearing compliance is high) helps to prevent forward transmission.
- x With every variant, including the Omicron variant, transmission has been observed to occur in households and unstructured social settings. There is no evidence that moving to online postsecondary instruction will decrease such interactions, noting that students would spend fewer hours in structured settings, which have a lower risk for transmission.
  - x Since structured educational settings do not amplify transmission, a move to online instruction is not an effective means of reducing COVID-19 among students, faculty, and staff, or in the wider community.
  - x The previous move to online postsecondary education in 2020 and 2021 was associated with [significant negative consequences for postsecondary students](#), who reported significantly poorer and worsening mental health and greater negative economic impacts than other British Columbians.
  - x The recommendations of public health and Orders of the Provincial Health Officer are based on careful and ongoing assessment of the factors that increase risk and the interventions that are known to effectively reduce risk.
  - x It is becoming increasingly clear that the virus will become endemic and continue to circulate in our community. New variants will continue to emerge and we will need to monitor the impact on the population and deploy necessary prevention measures as appropriate.

With new variants, our preventive approach should remain consistent with evidence-based approaches to control endemic diseases. Moving to online instruction can be harmful as it is not an effective means of reducing transmission, may result in increased time in higher risk settings, and be detrimental to the mental health and wellbeing of students.


#### Recommendations:

- x Maintain in-person instruction on post secondary campuses and ensure students continue to have in-person access to their instructors.
- x Vaccines are the most effective way to reduce the risk of COVID-19 on campus. Everyone eligible is strongly encouraged to be fully vaccinated against COVID-19. It is noteworthy that the postsecondary community has heeded the call and is amongst the most vaccinated populations in the world.
- x The prevention measures detailed in [the Return to Campus Guidelines](#) and the respective institutional safety plans have been very effective at preventing COVID-19 in a wide variety of postsecondary settings across B.C. and are expected to support a successful return to campus in January. Prior to implementing measures in addition to those outlined below, please consult with your local Medical Health Officer.
- x Decreases in structured gatherings such as in-person instruction can be accompanied by increases in unstructured or informal gatherings where risk of transmission is higher.

- x Non-educational postsecondary gatherings are events that bring staff and students together outside of regular educational activities. In times of higher transmission, these activities may be cancelled or postponed in consultation with the local Medical Health Officer.
- x If in-person non-educational gatherings must be limited, seek virtual alternatives whenever possible, and continue to comply with [PHO Order for Gatherings and Events](#)
- x Please ensure that students are aware of recommendations for deisolation and testing and have information about testing options.
- x Institutions should continue to work with their local Medical Health Officers to identify and respond to outbreaks.
- x Follow regional public health recommendations and provincial public health orders. When recommendations and Orders change, please review your safety guidance, and update as necessary.

Again, public health will continue to monitor COVID and remain actively engaged with post secondary institutions to make new recommendations, if and when they become necessary. I thank you for your leadership and commitment to the health and wellbeing of your campus communities.

Sincerely

Bonnie Henry   
 MD, MPH, FRCPC  
 Provincial Health Officer

Cc Honourable Anne Kang, Minister of Advanced Education and Skills Training  
 Shannon Baskerville, Deputy Minister of Advanced Education and Skills Training  
 Max Blouw, President Research Universities' Council of BC  
 Ruth Wittenberg President, BC Association of Institutes and Universities  
 Colin Ewart, P2 (i) of BC Colleges  
 Honourable Adn Dix Minister of Health  
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 Deputy Provincial Health Officers